

# Outside In

Impact Report 2022







Welcome Community,

What an engaging year it has been! I'm excited to share with you the triumphs, trials, and transitions that the team here at Outside In continues to navigate with courage and grace. First, I'd like to take a moment to share who I am.

My name is Kiku Johnson, and I am honored to have moved to Portland last November to join Outside In as the Executive Director. I am a proud and out trans man of color. I know through my own lived experiences and working together with our communities how important representation is in our world, especially in these times of threatening legislation and policy changes. I represent 30+ years of experience in youth development, responsive community program design, and advocacy through a social justice lens. I am honored to steward Outside In with our next phases of growth. I continue to be inspired by the love, strength, and resilience of our clients, staff, and community members.

In 2022, we continued to provide access to low barrier healthcare, harm reduction services, housing, warm meals, and education and employment services to those experiencing houselessness, poverty, and intersectional forms of marginalization. Our healthcare team conducted over 16,000 visits, providing essential medical care, behavioral health services, transgender and gender affirming care, and harm reduction support. Our youth services program empowered individuals to achieve their goals and become more self-sufficient. Over 900 youth experiencing houselessness accessed services, developed skills, and built futures.

We engaged with policymakers and community leaders to create policies and systems that better support individuals experiencing houselessness and poverty, including those in need of recovery services. Through our advocacy efforts, we continued to work to secure increased funding for equity initiatives and ensure members of marginalized communities are invited and engaged in decision-making processes. With Measure 110 funding from the state of Oregon, we have been able to increase access to low barrier substance use disorder (SUD) treatment, peer support, and harm reduction for our most vulnerable populations.

Our work would be a tougher climb without the crucial support of our donors, volunteers, and staff. As we move forward, we remain committed to our vision of a just, inclusive, and expansive community, where everyone has access to the resources and support they need to thrive and most importantly, affirmed and celebrated for who they are. I am deeply grateful for your continued commitment to our mission and your unwavering support for those we serve.

Together on the edge, deserving to thrive!



Kiku Johnson (he/him)  
Executive Director, Outside In



## OUR MISSION

We help homeless youth and other marginalized people move towards improved health and self-sufficiency.







## YOUTH SERVICES

DROP IN DAY PROGRAM

CASE MANAGEMENT SERVICES

HOT MEALS & FOOD PANTRY

SNAP & NUTRITION EDUCATION

HOUSING ASSISTANCE

LGBTQIA+ SERVICES

EDUCATION RESOURCES

EMPLOYMENT RESOURCES

## HEALTH SERVICES

PRIMARY HEALTH CARE

DRUG USERS HEALTH SERVICES

SUBSTANCE USE PEER SERVICES

DENTAL CARE

ONSITE PHARMACY

REPRODUCTIVE HEALTH CARE

DISEASE MANAGEMENT

TRANSGENDER & GENDER DIVERSE HEALTH SERVICES

HIV/STI TESTING, COUNSELING, & TREATMENT

PREVENTIVE CARE

MINOR SURGERY

ON-SITE LABS

X-RAY REFERRALS

MEDICATION ASSISTED TREATMENT

## BEHAVIORAL HEALTH SERVICES

OUTPATIENT COUNSELING

DIALECTICAL BEHAVIOR THERAPY (DBT)

ASSERTIVE COMMUNITY TREATMENT (ACT)

# 2022 PROGRAMS



# YOUTH SERVICES

WE'RE READY WHEN YOU NEED US.

We provide a safe space for young adults experiencing homelessness to get the services they need - when they need them.

**69**  
Youth received employment support.

**67**  
Youth received education support.



**913**  
Youth experiencing homelessness accessed services, developed skills, and built futures.

**137**  
Youth accessed safe and stable housing.

**286**  
Youth received recovery oriented supports.

**721**  
Youth found safety from the streets and accessed healthy meals in our Day Program.

“  
OUTSIDE IN HAS HELPED ME STAY WARM, AND GIVEN ME A PLACE TO BE DURING THE DAY. MY TENT IS ACROSS THE STREET AND **I FEEL SAFE BEING CLOSER TO OI.** THE STAFF ARE REALLY SUPPORTIVE AND HELPFUL, AND ALWAYS DOWN TO TALK TO ME. I JUST GOT INTO CASE MANAGEMENT AND THEY ARE HELPING ME GET INTO HOUSING.  
- MICHAEL, YOUTH SERVICES CLIENT  
”



# HEALTH SERVICES

OUR CLINIC IS A FEDERALLY QUALIFIED HEALTH CENTER. THAT MEANS WE'RE A CLINIC FOR EVERYONE.

We provide comprehensive, integrated health care services for youth beginning at age 13 and adults of all ages – including seniors.

**16,443**  
Total appointments.

**4,456**  
Patients received primary care services.

**2,642**  
Patients living in poverty.

**821**  
Patients who are unsheltered or unstably housed.



**954**  
Patients identifying as transgender or gender non-conforming.

**1,454**  
Patients identifying as LGBTQIA+.

**172**  
Patients accessing care at our mobile medical van.

**561**  
Patients accessing care at our school based health center.

“ DESPITE THE MANY CHALLENGES CAUSED BY THE COVID PANDEMIC, **OUR CLINIC AND HEALTH SERVICES TEAMS CONTINUE TO SHOW UP AND PROVIDE TRAUMA-INFORMED, LOW-BARRIER CARE.** I AM DEEPLY PROUD OF ALL THE SERVICE AREAS WHERE OUTSIDE IN STANDS

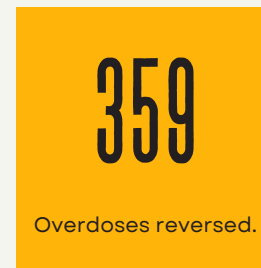
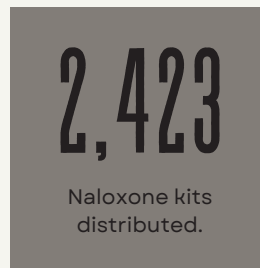
ABOVE THE REST, INCLUDING GENDER AFFIRMING CARE, HARM REDUCTION SERVICES, AN EXPANDED MOBILE MEDICAL MODEL, AND MUCH MORE.

- KATHLEEN CARTER, HEALTH SERVICES DIRECTOR



# HARM REDUCTION

Outside In's Injection Drug Users Health Services (IDUHS) promotes health and healing for people who are using injection drugs. This program is guided by a harm reduction model - we believe everyone deserves respect and is a valued member of the community.



# PHARMACY

Outside In's low barrier, on-site pharmacy is designed to serve our patients who are most in need. We work closely with all patients to ensure they understand their medications and receive the care that they need.







# BEHAVIORAL HEALTH SERVICES

GET TRAUMA INFORMED TREATMENT FOR MENTAL HEALTH AND SUBSTANCE USE. We teach ways to reduce negative health consequences that don't require abstinence.

9,942

Client appointments conducted by behavioral health staff.

157

Clients received intensive mental health and/or substance use treatment.



100%

of clients agreed that the Outpatient Program meet their needs related to gender identity.

100%

of clients agreed that the Outpatient Program meet their needs related to their racial identity.

76%

of clients reported using DBT skills outside of their treatment in the past 6 months.

77%

of clients agreed that their treatment addressed how their substance use might be connected to their mental health.

91%

of clients reported that the Outpatient team contains people they consider to be their peers.

“ I AM HONORED TO JOIN OI IN DELIVERING CRITICAL SERVICES TO OUR COMMUNITY. THESE NUMBERS ARE IMPRESSIVE; MORE REMARKABLE IS THE FACT THAT THIS CARE WAS DELIVERED THROUGH THE CHALLENGES OF A PANDEMIC. THE NOT-SO-SECRET SAUCE THAT CONTRIBUTED TO THIS SUCCESS? **A TEAM THAT BELIEVES IN THE POWER OF COMPASSION AND CARING** COMBINED WITH HELPING YOUTH GET BASIC NEEDS.

- JANET BARDOSSI, BEHAVIORAL HEALTH DIRECTOR

”



# VOLUNTEER ENGAGEMENT

AT OUTSIDE IN, YOUR TIME AND TALENT TRULY MAKE A DIFFERENCE.

**122** VOLUNTEERS  
GAVE **8,561** HOURS  
OF THEIR TIME VALUED  
AT **\$254,690**



**I LOOK FORWARD TO COMING IN EVERY WEEK FOR MY VOLUNTEER SHIFT AND MAKING HOT MEALS FOR THE CLIENTS. SHARING FOOD IS MY LOVE LANGUAGE AND THERE IS A REAL THOUGHTFULNESS THAT GOES INTO EACH MEAL TO ENSURE ALL DIETARY RESTRICTIONS ARE ACKNOWLEDGED, THAT THERE IS VARIETY, AND THAT IT'S MADE WITH FRESH INGREDIENTS.**  
— ERIN, OUTSIDE IN VOLUNTEER



## FINANCIALS

Thanks to your generosity, we have been able to expand our programs, enhance our facilities, and reach even more individuals in need. We cannot succeed without the kindness of supporters like you.



-Raphael Irving  
Outside In Finance Director & CFO



# DEVELOPMENT OVERVIEW

## GIVING BY DESIGNATION

**\$2,544,110**

Health, Behavioral  
Health, Youth Services

**\$1,350,408**

Area of Greatest Need

**\$100,000**

Endowment: Kathy  
Oliver Scholarship Fund

## CAPITAL PROJECTS:

**\$60,000**

Mass Spectrometer  
for Harm Reduction  
Services

**\$10,000**

Furniture for Transitional  
Living Program (TLP)

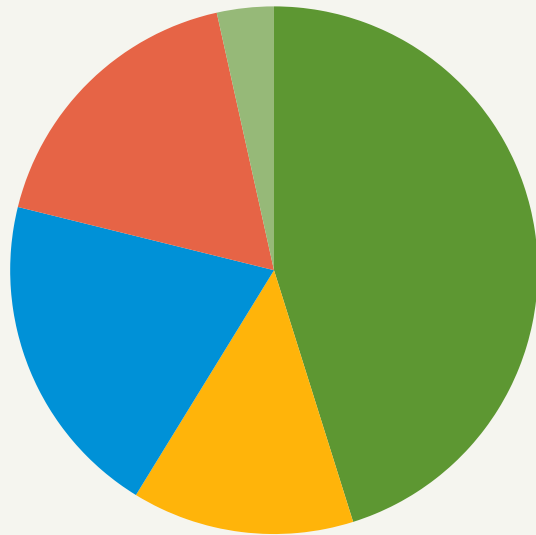
**\$4,064,518**  
**TOTAL GIVING**





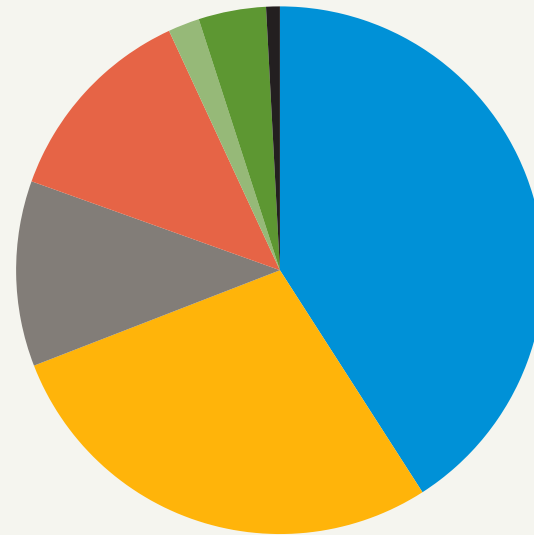
# FINANCIAL OVERVIEW

## OPERATING EXPENSES



Clinic & Health Services	\$7,828,172
Behavioral Health Services	\$2,360,767
Youth Services	\$3,482,491
Management & General	\$3,062,503
Development	\$603,883

## REVENUE AND SUPPORT



Federal Funding	\$7,915,525
Medical & Behavioral Health Services	\$5,454,612
Multnomah County	\$2,197,415
Contributions	\$2,422,379
Other Contracts & Fees	\$372,695
State of Oregon	\$800,578
Gifts in Kind	\$162,538



Since 1968, we've provided a safe, supportive, and inclusive place for health care, along with services to help the underserved and people experiencing homelessness achieve independence.









To-Go Food